



# APRIL 28, 2024 ~ YEAR B 5TH SUNDAY OF EASTER

## 5TH SUNDAY OF EASTER - OUR UNION WITH THE LORD

Despite any illusions that we are "self-sufficient," if we are truly honest, we must admit that we cannot "do it all" by ourselves. We will not be useful, productive, or successful unless we go about our tasks and accomplish our mission in and through the power of Jesus Christ. But really, that is a very good thing!

Having Jesus Christ, Spirit filled and risen from the dead on our side, and empowered by the gifts of God's Holy Spirit, is what truly gives value and meaning to whatever we do. We are branches of the main vine, as Jesus tells us in today's Gospel account (John 15:18). "I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing." Jesus is telling us that if we live in him and he in us, we will live a life full of meaning, purpose, direction, and infinite value.

We, as Catholic Christians, are called to apply the talents we have, talents that come from God, to make a difference not only in our own individual lives but in the world around us. Through our commonly shared life of faith in Jesus Christ, we truly have the ability to make change happen in this world, change for the better!

We have God's commitment: his covenant to be with us no matter what. And to help us be a part of accomplishing his work, we have God's Presence among us, even within us, when we receive the Body and Blood of Jesus in the Holy Eucharist. We live in him, and he in us. There is an old Latin expression: "ad majorem, dei gloriam" which means "for the greater glory of God." May our lives bear much fruit, for the greater glory of God and for the good of the world. In doing so, we will bring others to salvation in Christ.

<https://fatimachurchabq.org/bulletins>

### OUR LADY OF

### PERPETUAL HELP PARISH

635 Tranquille Road Kamloops, BC V2B 3H5

**Pastor:** Fr. Rajesh Madtha, OCD

**In Residence:** Fr. Rudolf D'Souza, OCD

**Office Staff:** Jackie Ulrich

**Phone:** 250-376-5541

**email:** [olphkamloops@shaw.ca](mailto:olphkamloops@shaw.ca)

**Website:** [www.olphkamloops.ca](http://www.olphkamloops.ca)

**Office Hours:** 8:30 am-3:30 pm  
Tuesday to Friday

**CLOSED on MONDAYS**

### MASS TIMES

Sunday:

Saturday 5:00 PM

Sunday 8:30 AM

10:30 AM

Week Day:

Monday-Friday 7:30 AM

### SACRAMENT OF

### RECONCILIATION:

Monday-Friday 7:00-7:30 AM

Wednesday 8:00 - 8:45 AM

SATURDAY 10:00 - 11:00 AM

### ADORATION OF THE BLESSED SACRAMENT:

Wednesday 8 - 8:45 AM

**WEDDINGS** - Please call the rectory for an appointment six months before planning the wedding date.

**BAPTISMS** - A pre-Baptism course is required. Please call the rectory for an appointment.

**A WARM WELCOME TO  
GUESTS AND VISITORS  
We're happy you're here!**

## Corpus Christi Mass and Procession Sunday, June 2, 2024



**ON SUNDAY, JUNE 2, THERE WILL ONLY BE ONE MASS IN THE MORNING IN KAMLOOPS, THAT IS AT 10:30 AM AT THE RIVERSIDE PARK BANDSHELL. WE WILL RECITE THE ROSARY STARTING AT 10 AM.**

**There will be NO 8:30 am or 11:30 am Mass at the Cathedral, or 11 am Mass at Holy Family, or 8:30 am or 10:30 am Mass at OLPH, or 10:30 am Mass at Saint John Vianney or 8:30 am Mass at Heffley (Our Lady of Lourdes). ALL MORNING MASSES ON SUNDAY, JUNE 2, IN ALL PARISHES IN KAMLOOPS WILL BE CANCELLED.**

We will celebrate the Holy Mass outside at the park, and then bring Jesus (the most Holy Eucharist) through the park and up 3<sup>rd</sup> Avenue to the Cathedral. We will have a short time of Adoration with Jesus in the Monstrance in the Church, with food and fellowship outside in the courtyard of the Cathedral.

Going to Mass is the most important thing, but we are also encouraged to walk up to the Cathedral in a procession with a flower (that we will provide) and place it in a vase provided before Jesus who will be placed on the altar in the Cathedral. Then food and fellowship will follow outside. Should be wrapped up by 12:30 pm (ish). So if you can join the procession, all the better.

**Please note that there will be three other Masses to go to in Kamloops on that Saturday night/Sunday night on the same weekend:**

- ✦ 5 pm OLPH Saturday night (June 1) Mass
- ✦ 7 pm Saturday night (June 1) Mass at the Cathedral
- ✦ 6 pm Sunday night (June 2) Mass at the Cathedral

These are provided (as the usual Mass times every week) for those who can not make to the one morning Mass at the Riverside Park on Sunday June 2.

We will try to address many of your questions before the celebration, so please do contact Parish office if you have any.



National  
**Family & Life Week**  
May 13-19, 2024 *Love hopes all things*

[www.cccb.ca](http://www.cccb.ca)



**NATIONAL HOSPICE AND PALLIATIVE CARE WEEK, MAY 5-11, 2024**

**FUNERAL PRE-PLANNING PRESENTATION** - Following 9:00 am Mass. Light refreshments will be served with presentation beginning at 10 am. in the **SHC Lower Hall 10:00 am - noon on Thursday May 10, 2024**

- Sara Lawson of Schoening Funeral Services will present on Funeral Planning, an important but challenging topic. Sara will provide information and forms to start the pre-planning process for you and your loved one's funerals. Small group discussion and support to get started will be available.

- Kathy Dahl will provide Pre-planning End of Life in Canada: information specifically from Catholic Health Association, Delta Hospice and BC Advance Directives.

- **No matter your age, it is never too early to plan ahead.** Working parents? Healthy middle-aged person? Interested but unable to attend?

- Contact Kathy by phone or text (250) 318-9698 or email [kathydahlhouse@gmail.com](mailto:kathydahlhouse@gmail.com) to **REGISTER**, for more information to request an evening or week-end session.

**MY VOICE: ADVANCED CARE PLANNING**, Saint John Vianney Hall, Friday, May 11<sup>th</sup> from 1 pm – 3 pm with light refreshments <https://www2.gov.bc.ca/gov/content/family-social-supports/seniors/health-safety/advance-care-planning>

**Watch for additional activities at the other Kamloops parishes in upcoming bulletins.**

The virtue of hope, together with faith and love, allows us to foster deep and lasting relationships within our families, with others, and with God. Through God's love, we see others with 'the light of hope' (AL,117), adopting the compassionate gaze of Christ and witnessing to his steadfast and merciful love.

The CCCB Standing Committee for Family and Life and its corresponding Office have prepared a pastoral toolkit to support dioceses, eparchies, parishes, families, schools and other related movements and associations in promoting National Family and Life Week (NFLW) from 13 to 19 May 2024.

The 2024 celebration of National Family and Life Week draws its theme, "Love hopes all things," from the words of St. Paul: "[Love] endures all things, trusts all things, hopes all things, endures all things." (1 Corinthians 13:7).

[National Family and Life Week - Canadian Conference of Catholic Bishops \(ccb.ca\)](http://www.cccb.ca/faith-moral-issues/family-and-life/national-family-and-life-week/)

**OLPH CWL- MAY 12TH MOTHER'S DAY PANCAKE BREAKFAST** with a display of pamphlets available to everyone from Canadian Catholic Church Bishops (CCCB). The display will be manned after both Masses (at 9:30 and 11:30) with information from Pro-Life as well. This event also kicks off **NATIONAL FAMILY AND LIFE WEEK (CCCB) MAY 13-19** <https://www.cccb.ca/faith-moral-issues/family-and-life/national-family-and-life-week/>

Watch for additional Life affirming activities from the other Kamloops parishes in upcoming bulletins.

**WEEKLY PRAYER OF THE FAITHFUL**

That are daily actions reflect our goal of good discipleship.

**"I am the true vine."** John 15.1

**Catholic INDEPENDENT Schools of Kamloops**



**CURRENT JOB POSTINGS** can be found at [www.ciskd.ca](http://www.ciskd.ca) under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>

**INTERNATIONAL WORKER'S DAY MAY 1, 2024**



This can be a day to recognize the value of human work, defend the dignity of working people, encourage all to be responsible in their work, and celebrate the role that human work has in God's plan for creation.

*St. Joseph, Patron Saint of workers, intercede for us so that we may bring good produce out of our labouring.*

**FIRST COMMUNION AND CONFIRMATION**



Please remember our candidates in your prayers as they prepare for these special Sacraments -

- MAY 5, 10:30 AM**      **FIRST COMMUNION MASS**
- MAY 30, 6:00 PM**    **CONFIRMATION REHEARSAL**
- MAY 31, 5:00 PM.**    **CONFIRMATION MASS**



Enjoy a free subscription to [formed.org](http://formed.org) an incredible online gateway to the best Catholic content, all in one place. FORMED provides amazing content 24/7 for you to grow in your faith. It's FREE and EASY to Register!

1. Visit FORMED.org
2. Click Sign Up as a Parishioner
3. Find our parish by name (Enter "Kamloops" BC)
4. Enter your email and you're in!

*Charity*  
**GOLF TOURNAMENT**  
*2nd Annual*

*Fore!* our Future Generation



Hole in One Prizes      Long Drives, KP's, & Games!

**CASH!**      May 10, 2024      **CAR!**  
12pm Shotgun Start


Scan to register



#CISKDGOLF  
250 378 3351

**\$390 / PAIR**  
**\$780 / FOURSOME**  
(Includes gift, lunch, golf & buffet dinner)

**JOIN US**

Children's Liturgy of the **Word**

**CHILDREN'S LITURGY of the WORD** will be offered **Every other SUNDAY DURING THE 10:30 AM MASS.** **WE WILL HAVE CHILDREN'S LITURGY THIS SUNDAY, BUT THERE WILL BE NO CHILDREN'S LITURGY ON MAY 5TH.** We look forward to having your children join us this Sunday.




**KNIGHTS OF COLUMBUS COUNCIL 1614**  
Sacred Heart Cathedral is hosting  
**LOBSTERMANIA 2024**  
**SATURDAY MAY 25, 2024** at  
**OLPH Parish Centre.**




Join us for a fun filled night of succulent Nova Scotian Lobster and dinner buffet.  
**Dance the night away** with live music by '**JERRY DE SOUZA and the MELODYMAKERS**'  
Get a group of friends, relatives or co-workers together and enjoy an East Coast Lobster evening.  
Tickets are \$80.00 each and are available from **Ed Barker 250-319-3331, Anthony Muzzillo 250-851-1111, Gary Mayhew 778-471-6100 and John Giddens 250-682-4600.**

**WORDS FROM OUR SECONDARY PATRON, ST. JOHN VIANNEY**

*"Almighty God sends no trial without consolation"*



**HOLY HOUR FOR VOCATIONS - Serra Club of Kamloops Diocese**



Prayer is a moving force in vocation development. Few are called to priesthood or religious life, but all are called to pray for vocations. *Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest"* (Mt. 9:38).

8:00am - 8:45am Wednesday following 7:30 am Mass at OLPH

7:50am - 8:50 am before 9 am Mass on Mon., Tues, Thurs. & Fri. Wednesday 9:30 am - 9 pm and Fridays 7-8 pm following 6:30 pm Mass at Sacred Heart Cathedral

**69. Even a quarter of an hour's prayer in front of the Eucharist perhaps gains more graces than all the other spiritual exercises of the day (outside of Mass).**  
*(St. Alphonsus Ligouri)*



**ARE YOU LOOKING FOR 1st HOLY COMMUNION or CONFIRMATION GIFTS?**

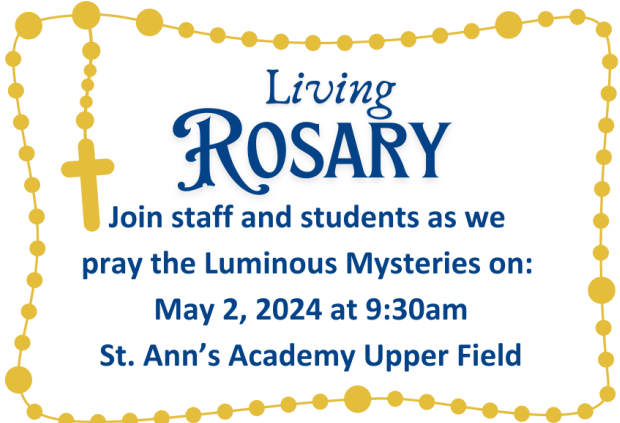


Your local Catholic store, St. Joseph's Christian Book, Gift and Church Supply will help you find the right gift for your young Communicant or Confirmand.




**STORE HOURS:**  
**TUESDAY-FRIDAY 10 am - 4 pm**  
(Closed 1-2 pm for lunch)  
**EXTENDED HOURS: SATURDAY MAY 4 10 am - 4 pm**

**PLEASE NOTE: St. Joseph's store will be CLOSED on APRIL 26th & 27th and re-open on April 30th.**  
256 Nicola Street Tel: 778-471-6100  
Email: [stjosephskamloops@gmail.com](mailto:stjosephskamloops@gmail.com)



*Living*  
**ROSARY**

Join staff and students as we pray the Luminous Mysteries on:  
May 2, 2024 at 9:30am  
St. Ann's Academy Upper Field



ST. ANN'S ACADEMY

**INSPIRATION FOR THE WEEK** ~ Every Christian is a vine awaiting the loving attention of our gardener to prune and perfect us, to remove the parts of ourselves that are dead so that the fruitful parts burst forth with life. Trust the wisdom of the gardener. He alone can make us bloom. ©LPI

**MASS INTENTIONS** There is one scheduled mass per week day per Priest. The Sunday masses and Holy Days of Obligation are for parishioners, We try to accommodate all masses on the day they are requested but this is not always possible. All others are sent to the Missions. Mass for souls of the deceased is indicated by the + symbol.

**APRIL 29 - MAY 05, 2024**

<b>MONDAY</b> <i>St. CATHERINE OF SIENA, VIRGIN, DOCTOR</i>	<b>7:30 AM</b>	+ Phil Hallinan Intentions Alex Gurney
<b>TUESDAY</b> <i>St. MARIE DE L'INCARNATION, RELIGIOUS</i>	<b>7:30 AM</b>	Intentions Robert Carroll Intentions Margie Santos Family
<b>WEDNESDAY</b> <i>St. JOSEPH THE WORKER</i>	<b>7:30 AM</b>	+ Elsa Violeta Garrido Rubio + Maybelle & Allan Nordick
<b>THURSDAY</b> <i>St. ATHANASIUS, BISHOP, DOCTOR</i>	<b>7:30 AM</b>	Intentions Brett Cosco Intentions Judy Robinson
<b>FRIDAY</b> <i>St. PHILIP AND St. JAMES, APOSTLES</i>	<b>7:30 AM</b>	+ Robert Gieselman Intentions Doreen Gowans
<b>SATURDAY</b> <i>6TH SUNDAY OF EASTER</i>	<b>5:00 PM</b>	Intentions of OLPH Parishioners
<b>SUNDAY</b> <i>6TH SUNDAY OF EASTER</i>	<b>8:30 AM</b>	Intentions of OLPH Parishioners
<b>SUNDAY</b> <i>6TH SUNDAY OF EASTER</i>	<b>10:30 AM</b>	Intentions of OLPH Parishioners

**COLLECTION APRIL 21:** Envelopes \$2,079.50; Loose \$326.45; EFT \$823.00; **2ND COLLECTION - VOCATIONS:** Envelopes \$1,130.00; Loose \$142.45; EFT \$110.00; Vigil Lights & Candles \$95.65; Holy Childhood \$35.85;

Jesus offers a quintessential stewardship statement in today's Gospel reading: "Whoever remains in me and I in him will bear much fruit, because without me you can do nothing." Jesus Christ offers us the fullness of eternal life. Do our lives reveal that this is what we want? Do we believe that by hearing the Word of the Lord and responding we not only produce "good fruit," but abide in the very life of God?



**Kamloops Pro Life Society First Saturday Silent Prayer Saturday May 4th, 2024 10:00 am to 11:00 am First Baptist Church - 454 Columbia Street**

Each month on the first Saturday we provide an opportunity for you to join with us in silently witnessing with prayer to the inestimable value of all human life. Standing on the north side of Columbia Street between 4th & 5th Avenues, we hold signs and quietly pray for all aspects of the pro-life cause. There is free parking in the church parking lot. "Could you not keep watch for one hour?" Jesus (Mark 14: 37) <https://voices4life.com/> Kamloops Pro Life Society



**OUR LADY OF PERPETUAL HELP PARISH IS ACCEPTING INTERAC E-MAIL TRANSFER DONATIONS.** Using your bank's Interac transfer via online banking, please transfer your gift to [givingolph@rcdk.org](mailto:givingolph@rcdk.org).

**OLPH ELEMENTARY SCHOOL**

**PRINCIPAL:** Mr. Brent Arsenault  
**WEBSITE:** [www.olphschool.ca](http://www.olphschool.ca)  
**PHONE:** 250-376-2343, Local 101 **FAX:** 250-376-2361



**KNIGHTS OF COLUMBUS COUNCIL 8132**

Catholic - Family - Fraternity - Service  
**Meetings held in the OLPH Parish Centre**  
**General Meeting** - 2nd Thursday of the month, 7:00 pm  
**Explore your interest in joining the Knights**  
**Contact: Peter Pel - 250-554-4612**  
**Join online at: [kofc.org/joinus](http://kofc.org/joinus)**

**COMMITTEES**

**FINANCE COMMITTEE:** Regena Cameron; Yvonne Pereira, Judy Robinson, Rafael Santos, Ralph Sherbo

**PARISH PASTORAL COUNCIL:** Brian Bouthiller, Tony Bradwell, Alicia Bruneau, Nathan Bruneau, Clare Cyr, Cathy Garay, Clem LaSaga, Diane Nadeau, Wendy Nordick, Peter Pel, Judy Robinson, Ralph Sherbo, Greg Sykes, and Beth Watling.



**MARY'S PANTRY** - Thank you for your generosity in sharing food and feeding hope! Our next collection date is the weekend of May 11 & 12th! Thank you

**POPE'S PRAYER INTENTIONS FOR THE MONTH OF MAY**

**FOR THE FORMATION OF RELIGIOUS AND SEMINARIANS**

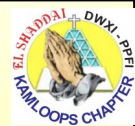
~ We pray that religious women and men, and seminarians, grow in their own vocations through their human, pastoral, spiritual and community formation, leading them to be credible witnesses to the Gospel.



**EL SHADDAI DWX1**

**CATHOLIC CHARISMATIC PRAYER GROUP**

Meets Sundays 12:00 - 2:00 pm  
In OLPH Church Basement  
FMI, contact Beth - 250-318-3783; Aida - 250-376-0523; Lilia - 250-819-1801 or Rowena - 250-574-7803



*Please continue to pray ... for all the sick of our parish, those homebound, in the hospital, and nursing facilities, and for all the souls in purgatory.*

**Welcome Back Father Rudolf!**  
**We've missed you and are happy that you have returned!**



*The Month of May is dedicated to the Blessed Virgin Mary*