



OUR LADY OF

PERPETUAL HELP PARISH

635 Tranquille Road Kamloops, BC V2B 3H5

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In Residence: Fr. Rudolf D'Souza, OCD

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Office Hours: 8:30 am-3:30 pm
Tuesday to Friday

CLOSED on MONDAYS

MASS TIMES

Sunday:

Saturday 5:00 PM

Sunday 8:30 AM
10:30 AM

Week Day:

Monday-Friday 7:30 AM

SACRAMENT OF

RECONCILIATION:

Monday-Friday 7:00-7:30 AM

Wednesday 8:00 - 8:45 AM

SATURDAY 10:00 - 11:00 AM

ADORATION OF THE BLESSED SACRAMENT:

Wednesday 8 - 8:45 AM

WEDDINGS - Please call the rectory for an appointment six months before planning the wedding date.

BAPTISMS - A pre-Baptism course is required. Please call the rectory for an appointment.

A WARM WELCOME TO GUESTS AND VISITORS
We're happy you're here!

APRIL 21, 2024 ~ YEAR B
4TH SUNDAY OF EASTER

4TH SUNDAY OF EASTER - I AM THE GOOD SHEPHERD

Today is known as "Good Shepherd Sunday." All four of the canonical Gospels use the metaphor of Jesus as shepherd. Indeed, the image of the shepherd is deeply woven into the language of the Old Testament, where God is often described as a shepherd and Israel as his chosen flock. Originally, the people of Israel saw their kings as having been appointed by God to lead the people, as a shepherd would lead his flock. The language of the image continues to give us some of our most beloved spiritual images. We need only recall the opening words of Psalm 23 *"The Lord is my shepherd, there is nothing I shall want."*

Given the familiarity of this image and its deep scriptural roots, it is no surprise that Jesus chose this metaphor when addressing the Pharisees about his mission to Israel. What is new, however, is how he uses it not just to speak of himself, but to contrast the Good Shepherd with the shepherd who is merely a hired hand. The difference is that the Pharisees and Scribes behave as though they are temporary shepherds, hired from an agency. Yes, they fulfill their basic duties to Israel, but they appear to have no lasting or loving commitment to the people entrusted to their care - God's Chosen People.

In direct contrast, Jesus gives us a powerful insight into how he sees his mission to "the lost sheep of Israel," and, by extension, to the whole world. As the Good Shepherd, he is faithful and will offer us his own life for the sake of those entrusted to his care. Those who hear his voice will know that he is trustworthy, and he will lead and guide them along the right path, that path that will lead to everlasting life.

TODAY IS THE WORLD DAY OF PRAYER FOR VOCATIONS. While we pray for the encouragement of all vocations including those of married life and single life, this day is particularly set aside to pray for those whom God calls to religious life as priests, deacons, religious sisters and brothers to serve God's people.

For decades we have witnessed a severe decline in the number of men and women answering God's call to serve the Church. It is not that God has stopped calling people to religious vocations. It is that those who have been called have declined the invitation. Perhaps they have been too caught up in the allurements of the present world to answer the call. Perhaps their own prayer life is not what it should be to really hear God's call. Perhaps religious vocations have not been encouraged within their family. Or maybe, just maybe, no one has ever told them "I think you would make a great priest (or deacon, or religious sister or brother)!" The sacramental life of the Church is clearly dependent upon having enough priests to serve the people and provide those Sacraments. Let us pray for those whom God has called, that they may answer that call. Let us speak of and encourage religious vocations in our own families. And don't be afraid to approach someone you think has the qualities of a religious vocation, and suggest that they answer God's call.

<https://fatimachurchabq.org/bulletins>

WORLD DAY OF PRAYER FOR VOCATIONS - 4TH SUNDAY IN EASTER

Established in 1964 Pope Paul VI designated Good Shepherd Sunday to be World Day of Prayer for Vocations which is the day each year that all Catholics are asked to pray to God that He send more workers into the harvest. Let us pray.



PRAYER FOR VOCATIONS

Lord Jesus, as You once called the first disciples to make them fishers of men, let your sweet invitation continue to resound:
Come, follow Me!

Give young men and women the grace of responding quickly to Your voice. Support our bishops, priests, and consecrated people in their apostolic labor. Grant perseverance to our seminarians and to all those who are carrying out the ideal of a life totally consecrated to Your service. Mary, Mother of the Church, the model of every vocation, help us to say "Yes" to the Lord who calls us to cooperate in the divine plan of salvation.
Amen. ~ Saint Pope John Paul II

INSPIRATION FOR THE WEEK ~ Jesus the Good Shepherd knows that real love is an action, not an idea. His sacrifice is the proof of his love for his flock. Let us remember to love one another as the Good Shepherd loves us: not just in words but in actions, in choices, in deeds. ©LPI

77TH KAMLOOPS DIOCESAN CWL CONVENTION

The annual Kamloops Diocesan CWL Convention, hosted by the Kamloops Diocesan Council, will be held from **FRIDAY, MAY 3RD TO SUNDAY, MAY 5TH, 2024** at St. James Parish in Vernon, 2607-27th Street. All Diocesan CWL members are invited to "Come and See" what is happening with the CWL today and to share "Faith, Friendship and Fun". With a convention theme of "Feed My People", our presentations will focus on "feeding our members" while challenging them to feed others – physically, spiritually, and emotionally. Registration deadline is April 15, 2024. FMI, please email jkopp@ucalgary.ca.



2ND COLLECTION VOCATION SUNDAY COLLECTION: GOOD SHEPHERD SUNDAY - APRIL 21

As we will gather today on Good Shepherd Sunday, we unite our hearts in prayer and support for the important work of building a vibrant vocation culture within our diocese.



Your prayers and financial contributions through the second collection for vocations are much appreciated.

**HOLY HOUR – FOR VOCATIONS
Serra Club of Kamloops Diocese**

Prayer is a moving force in vocation development. Few are called to priesthood or religious life, but all are called to pray for vocations. Jesus said, "Pray, therefore, the Lord of the harvest to send out laborers into his harvest" (Mt. 9:38).

8:00am - 8:45am Wednesday following
7:30 am Mass at OLPH
7:50am - 8:50 am before 9 am Mass on Mon., Tues, Thurs. & Fri. Wednesday 9:30 am - 9 pm and Fridays 7-8 pm following
6:30 pm Mass at Sacred Heart Cathedral

68. Society will again someday become Christian won to Jesus Christ by the apostolate of Eucharistic Prayer.
(St. Peter Julian Eymard)



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1. Visit FORMED.org
2. Click Sign Up as a Parishioner
3. Find our parish by name (Enter "Kamloops" BC)
4. Enter your email and you're in!

ST JOHN VIANNEY PARISH is looking for a Secretary/Bookkeeper.

The successful candidate will be responsible for administrative and bookkeeping duties for both the St John Vianney and Our Lady of Lourdes parishes. This is a part time position (16hrs a week, Tuesday to Friday from 9:00am to 1:00pm). Experience in the administrative or bookkeeping field is ideal, however, the right applicant can be trained. If you would like to apply for this position, please send your resume to stjohnvianney@rcdk.org with subject line "parish secretary" or drop it off at the SJV parish office. If you would like more detailed information about this position, please contact the St John Vianney office either by phone 250-579-8711 or via email.

Prayerful wishes to Deacon Paul Murphy who celebrates his birthday on April 21st, to Fr. Derrick Cameron who celebrates his birthday on April 25th, to Fr. Vernantius Ononiuu who celebrates his birthday on April 27th, and to Msgr. Jerry Desmond who celebrates his 58th Anniversary of Priestly Ordination on April 28th!

Catholic INDEPENDENT Schools of Kamloops



CURRENT JOB POSTINGS can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>

Eternal Life

We offer the sympathy, love, and prayers of our parish family to the family of **ALBERT (BERT) MALFAIR** who was recently born into eternal life. Funeral ~ **THURSDAY, MAY 9TH AT 11:00 AM**. May his soul and the souls of all the faithful departed rest in peace.



"I am the Good Shepherd."

John 10.11

WEEKLY PRAYER OF THE FAITHFUL

That we take time in daily silent prayer to talk and listen for Jesus' voice.

FIRST COMMUNION AND CONFIRMATION

Please remember our candidates in your prayers as they prepare for these special Sacraments -



- | | |
|-------------------------|-------------------------------|
| MAY 5, 10:30 AM | FIRST COMMUNION MASS |
| MAY 30, 6:00 PM | CONFIRMATION REHEARSAL |
| MAY 31, 5:00 PM. | CONFIRMATION MASS |

Charity
GOLF
 TOURNAMENT
2nd Annual
Fore! our Future Generation



Hole in One Prizes
 Long Drives, KP's, & Games!

CASH! May 10, 2024
 12pm Shotgun Start **CAR!**

Scan to register




#CISKDGOLF
 250 378 3351

\$390 / PAIR
\$780 / FOURSOME
 (\$195/player)
 (Includes gift, lunch, golf & buffet dinner)

JOIN US

CHILDREN'S LITURGY of the WORD will be offered **Every SUNDAY DURING THE 10:30 AM MASS.**




Please bring your children so they can participate. We look forward to having your children join us.

KNIGHTS OF COLUMBUS COUNCIL 1614
 Sacred Heart Cathedral is hosting
LOBSTERMANIA 2024
SATURDAY MAY 25, 2024 at
OLPH Parish Centre.



Join us for a fun filled night of succulent Nova Scotian Lobster and dinner buffet.
Dance the night away with live music by **'JERRY DE SOUZA and the MELODYMAKERS'**
 Get a group of friends, relatives or co-workers together and enjoy an East Coast Lobster evening.
 Tickets are \$80.00 each and are available from **Ed Barker 250-319-3331, Anthony Muzzillo 250-851-1111, Gary Mayhew 778-471-6100 and John Giddens 250-682-4600.**

WORDS FROM OUR SECONDARY PATRON, ST. JOHN VIANNEY



"Although Mary knew that God had raised her to the most supreme of all honours - that of being the Mother of God - nevertheless she regarded herself as the least of all creatures."

FEAST OF CORPUS CHRISTI MASS & PROCESSION



Save the Date!
SUNDAY, JUNE 2ND

On Corpus Christi, or the Feast of the Blessed Sacrament of the Body and Blood of Christ, Catholics honour the Real Presence of Christ in the Eucharist. This year, Bishop Joseph Nguyen invites all to a **CORPUS CHRISTI MASS** followed by a **EUCCHARISTIC PROCESSION ON SUNDAY JUNE 2, 2024**, starting at Riverside Park Bandshell with the Eucharistic procession after Mass to Sacred Heart Cathedral. More information to come!

ARE YOU LOOKING FOR 1st HOLY COMMUNION or CONFIRMATION GIFTS?



Your local Catholic store, St. Joseph's Christian Book, Gift and Church Supply will help you find the right gift for your young Communicant or Confirmand.



STORE HOURS:
TUESDAY-FRIDAY 10 am - 4 pm
 (Closed 1-2 pm for lunch)
EXTENDED HOURS: SATURDAY APRIL 20th 10 am - 4 pm and SATURDAY MAY 4th 10 AM - 4 pm
PLEASE NOTE: St. Joseph's store will be CLOSED on APRIL 26th & 27th and re-open on April 30th.
 256 Nicola Street Tel: 778-471-6100

Hallow
 Pray with your family wherever, whenever




ENTRE CODE:
CISKD-OLPHPARENTS23-24
ENJOY 90 DAYS FREE ACCESS

Download on the App Store
 GET IT ON Google Play

MASS INTENTIONS There is one scheduled mass per week day per Priest. The Sunday masses and Holy Days of Obligation are for parishioners, We try to accommodate all masses on the day they are requested but this is not always possible. All others are sent to the Missions. Mass for souls of the deceased is indicated by the + symbol.

APRIL 22 - APRIL 28, 2024		
MONDAY	7:30 AM	+ Rosaria & Francesco Caputo
TUESDAY	7:30 AM	+ Roland Gothe
	<i>ST. GEORGE, MARTYR</i>	
WEDNESDAY	7:30 AM	+ John DeCicco
	<i>ST. FIDELIS OF SIGMARINGEN, PRIEST,</i>	
THURSDAY	7:30 AM	Intentions Tilly Koppes
	<i>ST. MARK, EVANGELIST</i>	
FRIDAY	7:30 AM	+ Arturo & Gemma Bittante
	<i>OUR LADY OF GOOD COUNSEL</i>	
SATURDAY	5:00 PM	Intentions of OLPH Parishioners
	<i>5TH SUNDAY OF EASTER</i>	
SUNDAY	8:30 AM	Intentions of OLPH Parishioners
	<i>5TH SUNDAY OF EASTER</i>	
SUNDAY	10:30 AM	Intentions of OLPH Parishioners
	<i>5TH SUNDAY OF EASTER</i>	

COLLECTION APRIL 14: Envelopes \$2,528.00; Loose \$375.25; EFT \$590.00; Other Envelopes \$325.00; Pre-Authorized Debit April \$8,043.55; Vigil Lights & Candles \$86.65; Hall Rental \$950.00; Stole Offering (Funeral) \$200.00; Holy Childhood \$51.95;

In today's Gospel reading we hear Jesus referring to Himself as "the Good Shepherd." His sheep know Him, trust Him, listen to Him and follow Him; having faith that no harm will come to them as long as they stay close to Him. We reaffirmed our faith in Christ when we renewed our baptismal promises at Easter. As stewards of our relationship with Jesus Christ, are we, like the sheep, willing to listen to Jesus, trust Him, follow Him no matter the cost to our comfort?



THE SAINT VINCENT DE PAUL POOR BOX COLLECTION will take place at all three Masses **this** weekend April 20 - 21. The total for March was \$467.65. We are grateful for all the support.



Kamloops Pro Life Society First Saturday Silent Prayer Saturday May 4th, 2024 10:00 am to 11:00 am First Baptist Church - 454 Columbia Street

Each month on the first Saturday we provide an opportunity for you to join with us in silently witnessing with prayer to the inestimable value of all human life. Standing on the north side of Columbia Street between 4th & 5th Avenues, we hold signs and quietly pray for all aspects of the pro-life cause. There is free

Interac Now Available e-Transfer **OUR LADY OF PERPETUAL HELP PARISH IS ACCEPTING INTERAC E-MAIL TRANSFER DONATIONS.** Using your bank's Interac transfer via online banking, please transfer your gift to **givingolph@rcdk.org**.



The Month of April is dedicated to the Holy Eucharist

OLPH ELEMENTARY SCHOOL

PRINCIPAL: Mr. Brent Arsenault
WEBSITE: www.olphschool.ca
PHONE: 250-376-2343, Local 101 **FAX:** 250-376-2361



KNIGHTS OF COLUMBUS COUNCIL 8132

Catholic - Family - Fraternity - Service
Meetings held in the OLPH Parish Centre
General Meeting - 2nd Thursday of the month, 7:00 pm
Explore your interest in joining the Knights
Contact: Peter Pel - 250-554-4612
Join online at: kofc.org/joinus

COMMITTEES

FINANCE COMMITTEE: Regena Cameron; Yvonne Pereira, Judy Robinson, Rafael Santos, Ralph Sherbo

PARISH PASTORAL COUNCIL: Brian Bouthiller, Tony Bradwell, Alicia Bruneau, Nathan Bruneau, Clare Cyr, Cathy Garay, Clem LaSaga, Diane Nadeau, Wendy Nordick, Peter Pel, Judy Robinson, Ralph Sherbo, Greg Sykes, and Beth Watling.



MARY'S PANTRY - Thank you for your generosity in sharing food and feeding hope! Our next collection date is the weekend of May 11 & 12th! Thank you

POPE'S PRAYER INTENTIONS FOR THE MONTH OF APRIL

FOR THE ROLE OF WOMEN ~ We pray that the dignity and immense value of women be recognized in every culture, and for the end of discrimination that they experience in different parts of the world.



EL SHADDAI DWX1 CATHOLIC CHARISMATIC PRAYER GROUP

Meets Sundays 12:00 - 2:00 pm
In OLPH Church Basement
FMI, contact Beth - 250-318-3783; Aida - 250-376-0523; Lilia - 250-819-1801 or Rowena - 250-574-7803



Please continue to pray ... for all the sick of our parish, those homebound, in the hospital, and nursing facilities. and for all the souls in purgatory.

parking in the church parking lot.
"Could you not keep watch for one hour?" Jesus (Mark 14: 37)
<https://voices4life.com/> Kamloops Pro Life Society



Rachel's Corner

"I gave all to Our Lord, and He broke the chains, and I am free now. I feel more at peace and a deep feeling of joy and hope that I can one day be with my child, my God and with Jesus. That is the hope I had one day lost and now have again." - Testimonial

Have you lost hope that you could ever be free of the chains that have imprisoned you since your loss due to an abortion decision? Come on a Rachel's Vineyard™ Retreat and hand those chains to Him. Be free again.
www.rachelsvineyardkamloops.org
rvkamloops@yahoo.ca 250-267-5081